



ST PATRICK'S DAY

17 MARCH 2022



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St Patrick's Day is a global celebration of Irish culture on or around March 17. It particularly remembers St Patrick, one of Ireland's patron saints, who ministered Christianity in Ireland during the fifth century.

You're probably not surprised to learn that **St. Patrick's Day** hasn't always been a raucous affair, celebrated with huge parades and green beer. As the feast day of **Saint Patrick**, it was and still is a holy day in Christianity. The day was first established in 1631 as a modest religious holiday, and honoring Ireland's patron saint.

What Do People Do?

St Patrick's Day is celebrated in many parts of the world, especially by Irish communities and organizations. Many people wear an item of green clothing on the day. Parties featuring Irish food and drinks that are dyed in green food color are part of this celebration. It is a time when children can indulge in sweets and adults can enjoy a "pint" of beer at a local pub. Many restaurants and pubs offer Irish food or drink, which include:

- Irish brown bread.
- Corned beef and cabbage.
- Beef and Guinness pie.
- Irish cream chocolate mousse cake.
- Irish coffee.
- Irish potato champ, also known as *poundies*, *cally* or *pandy*.
- Irish stew.
- Irish potato soup.