



EVERGREEN BERGVLIET WELLNESS DAY

DATE: 11 February 2022
TIME: 09h00 – 13h00
VENUE: Sonnenhof

COMPLIMENTARY SCREENINGS

Blood Pressure
Rapid Cholesterol
Weight BMI

WELLNESS TALK @10h00

Dietician – Annaleen Joubert – Health Eating Guidelines

INFORMATION STANDS

Hector, Naidoo and Associates
Kind2Hearing
Optometrist
Dietician
Telecare

St Luke's Hospice

✉ info@evergreenlifestyle.co.za

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