

WORLD HEALTH DAY

7 APRIL 2021

CELEBRATE WORLD HEALTH DAY

7th April 2021

EVERGREEN HEALTH CLINIC will be doing
free **BLOOD PRESSURE** checks between 09h00 – 12h00



Please note by appointment only – call SN Zuko Mkalipi on Ext 3204

Book with your Village Clinic for a free Blood Pressure test

Reminder to residents doing the Diabetes challenge to check BP!

Diabetes can damage arteries, cause hardening or arteriosclerosis, which can cause high blood pressure and hold complications for heart and kidney health.