

# MOVEMENT & DANCE CLASSES

## KEEP ACTIVE WITH DANCE

Calling all who wish to keep active  
by learning a few dance moves.

Join us every Monday afternoon from  
12 October at 5.15pm – 6.30pm.

Join a fun group of residents who wish to learn  
how to dance “Jerusalema” and other genres.

Venue will be decided upon depending on  
numbers. Please indicate your participation by  
contacting reception on extension 300 or 3200 to  
book your spot. Final details and costs will be  
provided prior to the first session.

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