06 May 2020

Circular 26-2020

Dear Resident

**On-line Shopping/Deliveries**

It has been a long and grueling lockdown period since President Rhamaphosa announced the plan to contain the spread of the global Coronavirus COVID-19. With the recent announcement of a “risk adjusted” approach to a phased reopening the economy, we have now moved to Level 4.

As we start to settle into our new “business unusual” way of life, we need to be more realistic about the fact that this is very likely to remain for a few months. Some forms of restrictions may be in place until August/September or later this year. Being part of a more vulnerable community during this period, means that we will have to apply a different set of norms for appointments, shopping, exercise and socialising, to name a few. With this in mind we outline a few suggestions for your consideration.

**On-Line Shopping** - The Amdec and Evergreen head office staff that have been helping us by collecting shopping from Pick n Pay and delivering grocery items for our residents have returned to work and we will no longer be able to rely on them for assistance. It is therefore very important that we plan our shopping in advance and become more comfortable with on-line deliveries from retailers, chemists and other basic suppliers. Please note that there are delays when you place your orders online.

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| [www.woolworths.co.za](http://www.woolworths.co.za) - | Order online delivery from Woolworths stores |
| <https://www.pnp.co.za/> - | Order online for your groceries at Pick n Pay stores |
| <https://www.pnp.co.za/bottles> | Same day delivery. Download the BOTTLES app via the App Store or get it on Google Play (Maximum 30 basic items only) |
| <https://www.checkers.co.za/sixty60> | Checkers Sixty60 delivers groceries in 60 minutes at the same low in-store prices. |

**FROZEN MEALS, HOME MADE FOOD SHOPPING AND TAKE-AWAYS:**

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| **WPC**  Western Province Catering | WPC provide frozen meals, promotional specials and basic grocery deliveries on a Monday, Wednesday and Friday. Call reception for further information. |
| **False Bay Kitchens –**  Homemade food delivery/ Fresh & Frozen meals | Fresh food made with love, giving three options of vegetarian, low carb or standard meals. A full box is twenty meals but you can also order a half box of 10 meals. Her meals are tasty, organic and substantial. R750 for a half box and R1500 for a full box. Call Natalie Parfitt on 060 6754363 or email [falsebaykitchen@gmail.com](mailto:falsebaykitchen@gmail.com)  [https://www.facebook.com/falsebaykitchen/?ref=py\_c](https://mail.amdec.co.za/owa/redir.aspx?C=XpkVcGzqGgt0n20jU6m1sl_sm_oBae1IfDBwwDnW0cjJPHfQcvLXCA..&URL=https%3a%2f%2fwww.facebook.com%2ffalsebaykitchen%2f%3fref%3dpy_c) |
| **Meals to prepare at home:** | The two companies below provides an on line ordering service and menu to suit your needs and tastes – three to four meals a week with all the ingredients and instructions you need delivered to your door. |
| **Ucook** | <https://www.ucook.co.za>  [021 447 4424](https://www.google.com/search?q=ucook&oq=ucook&aqs=chrome..69i57j0l3j69i60l4.1255j0j7&sourceid=chrome&ie=UTF-8) |
| **Daily Dish** | <https://www.dailydish.co.za/>  [079 726 8223](https://www.google.com/search?q=daily+dish&oq=daily&aqs=chrome.1.69i57j0l7.3954j0j8&sourceid=chrome&ie=UTF-8) |

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An old fashioned butcher, Botes Meat Centre (BMC) has approached us during this time of lockdown. He is doing ‘home’ deliveries to Bergvliet. Some of you might remember the original Botes Meats in Main Road, Fish Hoek. They will deliver all meat cuts, whole chickens and packs as well as a selection of cold meats and bacon, eggs, cheese, sauces. They also have braai sundries (wood and charcoal). I shall send you a price list under separate cover together with his contact details and you can peruse prices and payment details.

In addition, I am making enquiries about a fresh fruit and vegetable delivery service and will revert once I have found a supplier. There are on line companies that are doing home deliveries for winter items, bedding, heaters, kitchen items etc. Take-A-Lot, Clicks and NetFlorist are just some companies that have changed the way they are re-focussing on their business to meet South African’s needs.

**Medication/Pharmacy deliveries**

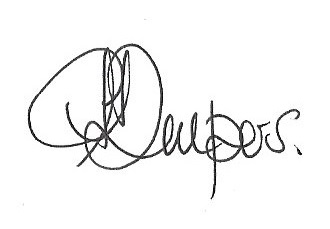
Meadowridge Pharmacy have offered to deliver medication and other essential medical items you may require to the village. Many residents have accounts with the chemist and if you don't, they will accept EFT payments or by depositing money into their account, so as not to wait for the 48-hour clearance period. Once the electronic payment is made, please send them proof of payment with your name and contact details. Once your payment is cleared, they will deliver your purchase to the guard house. Please do not pay cash on delivery as it puts a strain on the village staff and security. (the guards will not accept the package). Phone number: 021 713 1472

Please note that all residents must wear a face mask or a three-ply homemade cloth mask that covers the nose and mouth when you leave your home or you are in a public space. All deliveries are to be dropped off at the main gate. Evergreen staff will sanitise parcels/packets and deliver these to your home or you can arrange to collect. When you get the package, please sanitise the items you unpack immediately (wipe them down with a paper towel and sanitiser, throw the plastic packet away in the outside bin and then wash and sanitise your hands again).

The strict Village access and egress controls implemented will continue to be enforced for the foreseeable future to ensure we keep this particular infectious Coronavirus out of the village and to minimise the health risk to all our residents.

Please call us if you need any clarity on the above. We are here to assist in any way we can.

Warm Regards



**Christine Dempers**

Village Manager Bergvliet