

# the conversation project

**THURSDAY, 12 MARCH AT 2:30PM IN THE CLUBHOUSE**

Join us for an interactive workshop on the The Conversation Project. It is dedicated to helping people talk about their wishes for end-of-life care.

It's time to transform the culture to shift from not talking about dying to talking about it . It's time to share the way you want to live at the end of your life, deciding what's important for you and your loved ones.

It's time to communicate about the kind of care you want and don't want for yourself. The place for this to begin is right now — not in the intensive care unit — with the people you love, before it's too late.

**Together difficult conversations can be made easier. You can make sure that your own wishes and those of your loved ones are expressed and respected.**

Do you wish to get started by meeting with a group of people who share a desire to have this conversation and don't know where to begin.

People who welcome the support of others who are curious and who want to try it as well.

Please call reception on Ext 300 for seating and catering purposes to attend our session on Thursday, 12 March at 2:30PM. We'll get the conversation going.



**Presented by: The LastDance.Za**