



# Health & Wellness FAIR

JOIN US FOR A COMPLIMENTARY  
HEALTH SCREENING ON:

**TUESDAY 25 FEBRUARY 2020**  
**09h00 - 13h00**  
**EVERGREEN BERGVLIET**  
**VENUE: BISTRO**  
**NO APPOINTMENT REQUIRED**



## **SCREENINGS AVAILABLE:**

BLOOD GLUCOSE  
BLOOD PRESSURE  
RAPID CHOLESTEROL  
WEIGHT BMI  
HEALTH EDUCATION  
MOBILITY ASSESSMENTS





**EVERGREEN BERGVLIET WELLNESS DAY**  
**HELD ON TUESDAY 25 FEBRUARY 2020**  
**FROM 09H00 – 13H00**  
**AT THE BISTRO**

**Complimentary Screenings**

Blood Glucose  
Blood Pressure  
Rapid Cholesterol  
Weight BMI }  
}

**Presentations**

09h00 - 10h00	Hester Slabbert	Optometrists (The Aging Eye)
10h00 - 10h30	Leillani Geduld	CANSA Assoc of SA
10h30 - 11h00	Keith Weeder	Organ & Tissue Foundation

**Information Stands**

Anul Kuhn & Nicoleth Smalberger	Kind 2 Hearing Audiologist
Loren Hendricks	Physiotherapist
Annaleen Joubert	Dietician
Chandani Gopal	Podiatrist