



DROUGHT-STRICKEN CAPE TOWN'S DAY ZERO PUSHED TO 2019



Above: Installation of eco tank at unit

The installation of rain water slim line tanks in the village is progressing well.

Roshaan Solomons and his team are moving from house to house installing the tanks, fitting the taps and filling them with water to stabilise the units.

The next step will be to fit a "gutter guard" and join the downpipe to the tank.

Drought-stricken Cape Town has pushed back its estimate for "day zero" (when taps in the city run dry and people start queuing for water) to 2019 from August 2018 — and data show dam levels rising elsewhere in the country.

Capetonians have managed to get water usage down to 522 million litres per day over the past week - 43 million litres less than the previous week's water usage – however we still need to reduce our collective usage to 450 million litres per day or 50l per person per day.

"We need to achieve this target in order to stretch the available water supplies through the rest of the year," said Deputy Mayor Ian Neilson.

"The more water we use, the faster our dam levels decline. In the past week, dam levels have fallen by 0.5% to 22.2%, despite the rain that was received, primarily on March 24."

Dam levels for the province of Western Cape, which includes Cape Town, were at 18.3% last week compared with 19% the week before, according to the Department of Water Affairs. Elsewhere, the water situation has been improving. The Vaal Dam, a major supply source for Gauteng was at 94.7%, up from 83.5% the week before.

Relief for Cape Town may also be imminent, with good seasonal rains forecast. Above-average rainfall is now forecast over the next three months, according to the latest seasonal outlook from the SA Weather Service.

TED-TALK COFFEE BREAK

MONDAY, 23 APRIL AT 10:30AM

PREPARING FOR ALZHEIMER'S

Alzheimer's doesn't have to be your brain's destiny, says neuroscientist and author of "Still Alice," Lisa Genova. She shares the latest science investigating the disease -- and some promising research on what each of us can do to build an Alzheimer's-resistant brain.

Please contact Andréa on Ext 300 and confirm your attendance for seating purposes.

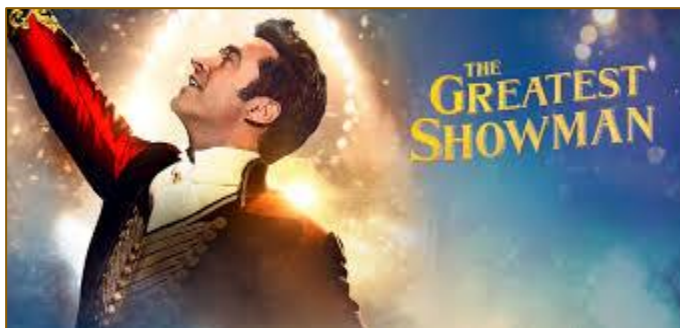
TED Ideas worth spreading

MOVIE NIGHT

- *THE GREATEST SHOWMAN* -

SATURDAY, 21 APRIL 2018 AT 7:00pm

Inspired by the imagination of P. T. Barnum, The Greatest Showman is an original musical that celebrates the birth of show business. It tells of a visionary who rose from nothing to create a spectacle that became a worldwide sensation. Starring Hugh Jackman, Zac Efron and Michelle Williams.



You are welcome to bring your own refreshments.

Please contact Paddy Fordyce on Ext 152 for any additional information.

WEDDING ANNIVERSARIES CONGRATULATIONS

We wish to congratulate Ton & Anneke Weber, Koos & Trula Human and Les & Sylvia Lategan who are all celebrating their wedding anniversaries in April!



SUNDAY ROAST LUNCH

15 APRIL 2018 - 12:30



Snoek Roulade

Roast Leg of Lamb and Roast Pork served with Roast Potatoes and Seasonal Vegetables

Chocolate Mousse & Raspberries

R165.00 per person

Please book and pay for lunch with Andréa at reception on Ext 300. For additional information, please call Yvonne Whitford (Ext 114)



THURSDAY, 03 May at 9:00am

Our next breakfast will be held on Thursday, 3rd May 2018 at 09h00.

Please make every effort to attend. Book with Andréa at reception or call Ext 300.

Price R65pp. All Welcome.

For additional information, please call Ton Weber on Ext 105

QUIZ NIGHT

THURSDAY 12 APRIL at 7pm



Please join us for a fun-filled Quiz on Thursday, 12 April at 7pm in the clubhouse

A light supper will be served and you are welcome to bring your own refreshments.

There will be some lovely prizes on offer.

Please call reception on Ext 300 to book for catering and seating purposes.

BIRTHDAYS APRIL 2017

13	Brenda Hill	37
	Alison MacDonald	18
19	Cedric Reid	44
27	Willy Poelmann	15
28	Jenny Barclay	65
29	Toetie van Reenen	4



Our monthly Lucky Draw is a way to raise funds by the Village Entertainment Committee to provide live music, décor and a variety of items for the benefit of resident functions.

MARCH 2018 WINNER

JOHN BESTER

One ticket costs R20.00 and three tickets costs R50.00. The draw sheet is available at reception.

Buy your ticket for our next draw which will take place on **Tuesday, 24 April 2018**

CLUBHOUSE BISTRO A LA CARTE MENU

9:00am – 2:30pm

The Clubhouse Bistro is open Monday to Friday from 09:00 – 2:00pm, except on Tuesdays.

It has become a popular place to pop in for an English breakfast, a light lunch or ready-made meals to take home for dinner.

Many favourite meals are offered, including an all-day breakfast, fillet steak, pasta dishes, curries, pan fried sole, quiche and salads.

Prices are very reasonable and range from R25 – R80 for a wonderful home cooked meal.

For the sweet tooth, a cake of the day and dessert are available plus tea/coffee and a selection of cold beverages. No booking required.



OPERATION SMILE

The Bergvliet Village has adopted Operation SMILE as our charity drive for 2018.

Although a child's cleft palate can be repaired for as little as R5000 and in as few as 45 minutes - your gift is more than surgery.

All our supporters give renewed hope to children and families around the world.

A glass jar has been placed in reception and we appeal to you to drop in lids of plastic bottle and bread ties whenever you can. Elda Diana-Oliaro is our SMILE champion and will deliver the collected plastic items to Operation Smile drop off points throughout the year.

Please keep up the good work and keep those plastic tops coming!

CALENDAR OF EVENTS 2018

APRIL 2018

Thu, 05	Men's Breakfast
Sat, 21	Movie Night
Thu, 12	Quiz Night
Sun, 15	Sunday Roast
Mon, 23	Ted Talk Coffee Break

MAY 2018

Thu, 3	Men's Breakfast
Fri, 11	Reach for a Dream Tea Party
Sat, 12	Movie Night
Fri, 25	Theme Dinner
Sun, 20	Sunday Roast

JUNE 2018

Thu, 7	Men's Breakfast
Sat, 9	Movie Night
Sun, 17	Sunday Roast
Fri, 29	Theme Dinner

**Events are subject to change without notice*

The Lake Isle of Innisfree

I will arise and go now, and go to Innisfree,
And a small cabin build there, of clay and wattles made:
Nine bean-rows will I have there, a hive for the honey-bee;
And live alone in the bee-loud glade.

And I shall have some peace there, for peace comes
dropping slow,
Dropping from the veils of the morning to where the cricket
sings;
There midnight's all a glimmer, and noon a purple glow,
And evening full of the linnet's wings.

I will arise and go now, for always night and day
I hear lake water lapping with low sounds by the shore;
While I stand on the roadway, or on the pavements grey,
I hear it in the deep heart's core.

W B YEATS

CLUBS & ACTIVITIES



The **BRIDGE CLUB** meets every Monday at 2:00pm. Please call Paddy Ball on Ext 107 to confirm attendance.

The **BOOK CLUB** meets on the first Wednesday of every month at 11:00am and is run by Vivienne Docherty. Please call her on Ext 158 for further details.

The **LIBRARY** in the clubhouse is now well stocked and residents are very welcome to make use of it.

PETANQUE/BOULE - We encourage residents to come along on any Friday afternoon at 3:00pm or Sunday morning at 10:00am, weather permitting.

SCRABBLE is going strong with enthusiastic ladies pitting their wits against each other on Tuesday afternoons at 2:00pm

DINNER AT TIFFANYS

Bergvliet residents "dressed-up" in their tuxedos and "little black numbers" for our March theme evening – *Dinner at Tiffany's* - held on Friday, 23 March. It was a wonderful night which was enjoyed by all residents who attended the function.



Seen above (left to right) Charlie Momsen & Vivienne Docherty; Toetie & Ronnie van Reenen: and Lynne Wilms & Paddy Oberhofer.

TUESDAY SOCIAL DINNER

7:00pm – Clubhouse
RAMBLING ROSE

Tuesday 03 APRIL 2018

Pork bangers & creamy mash served with
caramelised onions and gravy

OR

Baked chicken breasts wrapped in bacon
served with sauté potatoes
accompanied with seasonal vegetables

Chocolate mousse and cream with
chocolate twigs

Coffee / Tea

Tuesday 10 APRIL 2018

Braised steak with onion gravy served on
mash with seasonal vegetables

OR

Smoky fish pie served with potato rosti
topping and seasonal vegetables

Old Cape brandy tart served with vanilla
ice cream

Coffee / Tea

Tuesday 17 APRIL 2018

Beef stroganoff served with parsley rice
and seasonal vegetables

OR

Grilled hake plaki with a tomato &
oregano sauce served with parsley rice
and seasonal vegetables

Crêpe Suzette & cream

Coffee/Tea

Tuesday 24 APRIL 2018

Peanut & ginger chicken

OR

Crumbed pork sirloin served with apple
sauce both served with sauté potatoes
and seasonal vegetables

Bread & butter pudding made with
marmalade croissants served with
cinnamon custard

Coffee/Tea

All reservations must be booked with Andréa at reception on Ext 300.

The meal price is R125.00 per person.

We kindly ask that you book and pay by no later than 12-noon on Monday
for catering purposes. Unfortunately, NO LATE bookings will be accepted.

No-shows or last minute cancellations will be charged

**Please note that NO crockery/glassware will be allowed out of the clubhouse going forward.
We kindly request that you provide your own container, clearly marked with your name prior
to the evening meal, if you have ordered take-away meals.**