



INAUGURAL VILLAGE ARTS & CRAFTS FAIR A POOL OF TALENT

The inaugural hobby and crafts fair took place in the clubhouse on Saturday, 28 May and it was a resounding success. On display were some wonderful items that our residents had made and created over the years from ceramics, sculptures, paintings, rugs, stationery, calligraphy, mosaics, pottery, photography, confectionary, embroidery and miniature dolls' houses.



(Above) Felicity Walker produces the most life-like dolls' houses and contents. On show is her detailed miniature kitchen and house party –the attention to detail is incredible.



(Pictured left) Rosemary Kynoch exhibiting her beautifully hand knotted carpet and (right) Jenny Barclay showing her colourful table linen and bric-a-brac. In the background is one of Don Campbell's photographic works.



Marilyn Visser (left) exhibiting her colourful mosaic work and Gill Blackman (right) showing her intricately sewn tapestry cushions



Ken Kynoch (left) surprised us with his life like paintings and pencil sketches whilst Jill Dower (right) demonstrated fine attention to detail with her calligraphy, hand made stationery and greeting cards.

In addition, Clare Berg's paintings were on show together with Elda Diana-Oliario's intricate sugar flower bouquets which looked so authentic; Yolanda Bond-Smith's small royal icing cakes were masterpieces; Herman Poelmann's CD disk covers and Haydn Jones' wildlife photographs were riveting.

We would like to thank Felicity Walker and Yolanda Bond-Smith who worked tirelessly in the background to stage this arts and crafts fair. Not to mention the ladies who served tea, coffee & delicious cookies made by Shirley, Myrtle Goss's companion.

The pool of talent in our village is truly astounding!

SHAKESPEARE EVENING – APRIL 2016

400th anniversary of the death of William Shakespeare

The first ten entries to the Shakespeare evening held in the club house on Saturday, 23 April were lucky enough to win masks which were part of a flag unfurling ceremony, that was named an iconic 'Mask Moment', at celebrations of his birth in Stratford-upon-Avon.

The Mayor of Stratford-upon-Avon Town and District Councils commissioned a local artist to paint a startlingly lifelike portrait of the Bard, based on the first folio. This was made into a facemask and they handed it out to over 10,000 participants in the Birthday Parade, as well as to spectators. At the given moment, everyone was asked to don their mask so wherever you looked in the town of the Bard's birthplace and final resting place, you saw the face of William Shakespeare.



Seen above with their masks are (left to right) Herman Poelmann, Paddy Oberhofer, Gill Cooper, Joan Misplon, Jill Dower, Elda Diana-Oliario, Brenda Stauch, Tertia Harrod, John Blackman and Ronnie van Reenen

DIAMONDS ARE FOREVER

Bergvliet residents Herman Poelmann and his wife, Willy met in Cape Town. They were introduced to each other by the manager of the branch of the bank where Herman worked when he took him around to meet staff members in April 1952.

Almost a year later Herman attended a ball on the occasion of the Dutch Queen's birthday and happened to join Willy's parents' table. Willy was there with a partner. As Herman loved dancing and as Willy's partner did not dance much, they spent most of the evening together on the dance floor with Herman showing her the steps. Willy turned out to be a very quick learner.



The Poelmans on their wedding day

Herman acknowledges that whilst there were differences of opinion, the seven transfers over a period of seventeen years, settling into new surroundings, new houses, new schools and new positions took a lot of patience, understanding and plenty of give and take. "But in the end we came through," is Herman's reminder of the challenges and joys of a partnership lasting 60 years.

Congratulations on your Diamond anniversary. May life sparkle for many more years!



GET-TOGETHER THURSDAY, 9 June at 9:00am

Our men's only breakfast is set to take place on Thursday, 9 June at 09h00 and all are welcome. Please make every effort to attend. Come and enjoy a hearty breakfast and coffee.

For additional information, please call Ton Weber on Ext 105

BIRTHDAY LIST JUNE 2016

3	John Whitford	Unit 14
4	Gillian Cooper	Unit 10
5	Lyn Law	Unit 38
15	Felicity Walker	Unit 42
16	Jenny Westerhof	Unit 56
21	Anne Lawton	Unit 50
28	Yvonne Whitford	Unit 14

TELECARE PRESENTATION

MONDAY, 13 JUNE 2016 at 10:30am



A presentation on the Telecare station will be held in the Sonnehof Manor House on Monday, 13 June at 10:30am.

Anton de Beer will run through the uses and benefits of the Telecare system which is set up in all our units and he will be available to answer any questions you may have.

Tea and Coffee will be served. Please can you confirm your attendance with Andréa at reception on Ext 300 for catering purposes.

ITALIAN EVENING

FRIDAY, 24 JUNE 2016 at 7pm



The events & catering committee are planning an Italian evening on Friday, 24 June.

This will be the second in our series of different events to be held on the last Friday of the month. Next month we'll be doing our "Christmas in July" function, which is always very popular – so please diarise this.

Please book with Andréa on Ext 300. The cost is R135 per person.



MONTHLY LUCK DRAW

Our Lucky draw is a way to raise funds by the village entertainment committee in order to provide live music, décor and a variety of items for the benefit of residents.

Each ticket costs R20.00 and the draw sheet is available at reception. Buy your ticket for our next draw which will take place on

Tuesday, 30 JUNE 2016

**- SPECIAL -
BUY THREE TICKETS
FOR ONLY R50.00**

SUNDAY LUNCH

SUNDAY, 19 JUNE 2016 at 1:00pm

Our monthly Sunday lunch will take place in the club house on Sunday, 19 June at 1pm.

MENU

Pea & Ham Soup with Potbread
Roast Sirloin of Beef with Yorkshire pudding
Mediterranean Roast Chicken
served with roast potatoes and
seasonal vegetables

Selection of Dessert

R120 per person

Please book with Andréa on Ext 300.

CLUBS & ACTIVITIES

BOOK CLUB meets on the first Wednesday of every month at 11:00 am and is run by Vivienne Docherty. Please call her on Ext 158 for further details.

The **LIBRARY** in the Sonnenhof Manor House is now well stocked and residents are very welcome to make use of it.

PETANQUE/BOULE - We encourage residents to come along on any Friday afternoon at 3:00pm, weather permitting.

SCRABBLE is going strong with enthusiastic ladies pitting their wits against each other on Tuesday afternoons at 2:00pm

Please let us have any information on clubs or activities for inclusion in our newsletter.

IN-HOUSE MAINTENANCE

In-house maintenance jobs can be allocated to our internal team who will be available for smaller jobs going forward from June. The work undertaken will be charged out to residents and added to the levy account.

Please contact Andréa on Ext 300 or complete a maintenance request form which is available at reception and which outlines charges.



MUSIC EVENING

WEDNESDAY, 15 JUNE 2016
07:00pm

First on the music programme is French classical violinist Renaud Capuçon who performs the Romance for Violin and Orchestra No. 2 in F major, Op. 50 by Ludwig van Beethoven

The second part of the programme is Janine Jansen who reinforces her status as one of the world's greatest violinists with her performance of Brahms's Violin Concerto.

Please call Herman Poelmann on Ext 115, if you would like to attend – this is for catering and seating purposes. You are welcome to bring your own wine and refreshments on the evening.

BEST FOOT FORWARD

THURSDAY, 23 JUNE 2016 at 10:30am

In an effort to be proactive, Unique Health in association with H N Physiotherapy will be presenting an interactive and informative presentation on walking aids.

The presentation will cover the effectiveness of each walking aid and also provide important information needed when using and choosing a device.

Tea and Coffee will be served. Please can you confirm your attendance with Andréa at reception on Ext 300 for catering purposes.

"I will arise and go now, and go to Innisfree,
And a small cabin build there, of clay and wattles made;
Nine bean-rows will I have there, a hive for the honey-bee,
And live alone in the bee-loud glade"

*And I shall have some peace there, for peace comes dropping slow,
Dropping from the veils of the morning to where the cricket sings;
There midnight's all a glimmer, and noon a purple glow,
And evening full of the linnet's wings.*

*I will arise and go now, for always night and day
I hear lake water lapping with low sounds by the shore;
While I stand on the roadway, or on the pavements grey,
I hear it in the deep heart's core.*

The Lake Isle of Innisfree - William Butler



MOVIE NIGHT - LAST VEGAS -

SATURDAY, 18 JUNE AT 7:00pm



The ensemble comedy follows four old friends who decide to throw a Las Vegas bachelor party for the only one of them who has remained single

Four *sixtysomething* pals -- Billy, Paddy, Archie and Sam - gather in Las Vegas to celebrate Billy's upcoming nuptials

It is their intention to run wild for four straight days. But Sin City has gotten a lot crazier than they could've ever imagined. Played by Michael Douglas, Robert De Niro, Morgan Freeman and Kevin Kline.

You are welcome to bring your own wine or refreshments. For further info please call Elda Diana-Oliario on Ext 155.

BISTRO MEALS DAILY LUNCH SPECIALS JUNE 2016

We have introduced daily lunch specials after much persuasion from our residents and we would like encourage everyone to support this endeavour and make use of the dining room.

The menu is made up of simple meals which includes homemade soup and fresh bread rolls served every day or a "special of the day".

We have planned meals on Mondays – Pie; Tuesday – Pasta; Wednesday – Chicken; Thursday - Casserole; and Friday - Fish & Chips. A menu will be sent out on Friday's together with the "what's happening" email.

These simple meals are priced from R30 – R60 and will also be available to take home. We would like to suggest that you bring your own small serving dishes to the club house – it makes it easier.

We also kindly request that you book with Andréa at reception on Ext 300 by 4pm on the previous day to ensure that we can plan and prepare meals.

TUESDAY SOCIAL DINNER

R95.00 per person
6:30pm for 7:00pm

TUESDAY 7 JUNE 2016

Beef Bourguignon
(red wine, baby onions)

Or

Roast lemon and herb chicken
served with savoury rice and
seasonal vegetables

Peppermint crisp tart

Coffee / Tea

TUESDAY 21 JUNE 2016

Chicken Coq au Vin

Or

Bratwurst and sauerkraut

Malva pudding & custard

Coffee / Tea

TUESDAY 14 JUNE 2016

Grilled line fish with hollandaise
asparagus

Or

Beef Stroganoff
served with tagliatelle

Milk tart and cream

Coffee / Tea

TUESDAY 28 JUN 2016

Roast Leg of pork with apple
sauce and crackling

Or

Chicken Schnitzel with Mushroom
sauce, roast potatoes and
seasonal vegetables

Custard pots

Coffee / Tea

Reservations can be made with Andrea at reception on Ext 300.

Payments for meals must please be done on or before the day of the meal. Should you wish to pay by EFT, please get bank details from reception. We kindly request that you book at least 24hours in advance, for catering purposes.

No-shows or last minute cancellations will, unfortunately, need to be charged.